Communication In Relationships: Social Care And Child Care Settings

Rosehill child care centre

Communication is important to the growth of children; children must be able to understand and be understood. Communication is the basis of experiences and is essential for learning, playing and social interaction.Communication factors are one of the many factors that influence the building of positive relationships. There are different ways of communicating like verbal communication, non verbal communication and written communication. Verbal communication can be used in the Rosehill Child-care Centre when speaking to the children so they understand better. Communicating via speaking will also help the young children to learn and advance their vocabulary. Non verbal factors such as facial expressions are important in a child care environment as young children might not be able to communicate so they'll understand easier from facial expressions. For example, if a child was to do something naughty and the supervisor smiled at him, they'll take it the wrong way and might continue doing it, thinking it's fine as smiling symbolises positivity which undermines his negative action.

Moreover, since the Rosehill child care centre is mainly for children, verbal communication might not be as effective. Body language could be a form of communication as if the child can't speak up but keeps putting his head down, for instance, the staff will know something is wrong and can give the child the care required. Written communication is also important as the child can express how they're feeling through drawing. For example, if the child is feeling happy they can draw a smiley face. Written communication is essential in building a positive relationship such as signs and symbols. Signs are used with speech and symbols, often with pictures, to support spoken language. They are mainly used by Individuals who have learning and communication difficulties.

Environmental factors also play a big part in building a positive relationship. It is important to maintain the treatment rooms in The Rosehill Childcare Centre private to maintain a positive physical environment and located in quiet areas to maintain the children's privacy.For the physical and emotional wellbeing of people, a clean , safe environment is critical. Factors such as clean air and good quality drinking water are important for the physical health of the children. Both physical factors may cause other environmental factors, such as noise. In the Rosehill childcare centre, the physical environment could also be the design of the rooms. A colourful room for the children could impact on excellent behaviour of the child and uplifted the mood. If the room was dark, dull and small, it could affect the child's mental health negatively and could lead to depression at a very young age.

There are diverse cultures, perspectives and levels of qualifications in health, social care and child care settings. This will influence how they communicate with others and develop relationships in a social environment. For example, under the supervision of a professional nurse, a health care worker who has completed his training in a hospital will learn that providing personalised care for people involves being respectful, compassionate , supportive and professional.

Mill’s Bank Hospice

There are people from diverse families, races , religions and traditions who receive health , social services and child care environments. Therefore, when developing relationships with people who need treatment and help and those involved in their lives, it is critical that professionals and practitioners are mindful of cultural factors. Not doing so may contribute to misunderstandings. Moreover, the hospice is mainly for people who have come to the end of life so a factor like religion may be really important to them as they don’t want to commit any sins and have a good ending. Not all the service users have the same beliefs so it’s fundamental to respect everyone. For example, A person growing up in a Jewish culture will follow dietary requirements, such as kosher food, but might not choose to follow Sabbath or Shabbat practises and weekly rituals. Or a person who belongs in the LGBT community might not want to participate in the pride activities.

Physical factors are also effective as different conditions affect people differently. For example many of the service users in Mill’s Bank Hospice might suffer from dementia, mental health or just pain generally so it might be more difficult to build a relationship. A person with dementia might struggle to hold a conversation or misunderstand and get their feelings hurt. A person with mental health issues might not want to build a relationship and keep to themselves. A person with pain might feel irritable and depressed. There are many physical factors such as alcohol or abuse of drugs which might make a person angry easily and hard to maintain relationships,Sensory impairment such as sight loss or hearing loss which might make someone feel isolated and anxious, Physical disability might make someone feel out of place and uncomfortable with building a relationship and language difficulties might make feel someone feel frustrated and could lead to misunderstandings. There are many different strategies to ensure a person centered approach is adopted in different environments. In the Rose Hill Childcare centre, understanding the children’s needs and preferences are vital in order to develop a positive relationship. This could also include their future and their family. There are a variety of individuals with a variety of needs within the Healthcare industry so it is helpful if you have good communication skills in order to understand the individual better. There may be a physical , emotional or social necessity. Therefore, it is easier to minimize any challenges that can create long-term issues by knowing their desires and interests. It is very rewarding and fun to empower a person to control their life and how they want to live. This includes helping them learn and develop skills for themselves and increasing their independence.

It is possible to allow and help individuals to create healthy relationships through:

- Having yourself known. Knowing others
- To make their voices considered
- Make their own decisions
- And have their options valued.