Critical Analysis Of Rupi Kaur's Poetry

In a society where social media connects us to every part of the world, retailers like Instagram, Twitter and Tumblr furnish platforms for artists to share their work with the world. Rupi Kaur, a Canadian poet and illustrator of Indian descent, has reached worldwide sharing her work on Instagram. The poet is well-known for her clear and short poems, going by using her simple illustrations. Rupi Kaur born in Punjab, lived in India for a short period of time. At the age of four, her and her family migrated to Canada and continues to still live here.. She received her diploma in rhetoric studies at the University of Waterloo in Ontario.

Kaur idolizes writing and illustration to her mother, who encouraged her to paint and write as a younger girl. The author, poet and illustrator also does experiments with photography. In 2015, Rupi Kair uploaded a photograph of herself lying in bed wearing pajamas stained with period blood to Instagram. The picture was taken down twice by Instagram for violating its standards. “I wasn’t being provocative,” Kaur said. Ticked off, the writer turned towards Tumblr to element her disappointment with the social media platform for sexualizing the bodily function and treating menstruation as a taboo.

This controversy brought Kaur to the public eye, attracting extra attention to her work and gaining her Instagram followers. Kaur has also created seven photo essays, which can be considered on her professional website, www.rupikaur.com. Kaur’s poems pay attention on subject matters of love, heartbreak, abuse and empowerment. The creator is a allegiant feminist, which is reflected in her work. Her poems inspire women to discover electricity and beauty in their femininity. Kaur writes about sexual and emotional abuse to “challenge the narrative” of sexual repression and the way of life of over-equalization of women.

The poet additionally writes about her Punjabi roots and her experiences as an immigrant. Kaur practices Sikhism and brings in factors of her religion and culture into her work. Milk and honey, additionally the title of her first book, is used as an approach of recuperation in Punjabi culture. In several of her poems, she describes revisiting her home in India, and her existence as an Indian female living in the west. The layout of Kaur’s poetry is simple, clear and short. The poet uses no punctuation, with the exception of the period, and only writes in lowercase letter. Kaur’s poetry is convenient to read, contributing to her extensive success attractive to a giant audience.

The formatting of her poetry is only to Instagram, permitting humans to effortlessly get entry to her work from the app. There have been claims that Kaur plagiarized cloth from Nayyirah Waheed, some other successful cutting-edge poet. Waheed published “Salt,” a collection of poems, in 2013 in addition to the poetry and prose she posts on her Tumblr. Kaur and Waheed’s work include many similarities, with parallels between their formatting and style of writing. Waheed reached out to Kaur, involved by using this fact, however Kaur denied any similarities and chose to remain quiet on the subject. Critics of the poet have condemned Kaur’s poetry as formulaic and shallow, putting forward that her metaphors and symbolism are obvious. Memes have seemed on Twitter satirizing Kaur’s poetry imitating her sober tone. However, regardless of her critics, Kaur maintains a large fan-following.

With 3.8 million followers on Instagram, and having offered over a million copies global of “milk and honey,” Rupi Kaur remains one of the most popular figures in the current day of poetry. Instagram is remodeling the way people are uncovered to art. Many artists, like Rupi Kaur, establish themselves through social media platforms.

The question is: as technology continues to evolve, will artists be pressured to modify and alter their work to for social media? Their work has been referred to as contrived, reductive, formulaic, shallow, missing in both form and content, low and cliché. They’ve been accused of the whole lot from unoriginality plagiarism. They’re mocked through memes and social media profiles that parody their work.

Has Instagram saved poetry? The real question is how are people seeing poetry nowadays? The way one would see it as would be “Instapoetry being so accessible and consumable, it would open doors and give people permission to explore writing”. People say that poetry helped them in their struggles with depression and self-injury, and aspiring writers thank for inspiring them to share. I conflict with depression myself I discover myself drawn to poetry to discover solace, to find comfort, to discover solidarity, and to better understand my experiences—as well as the experiences of these who deal with despair in ways that don’t replicate mine at all. Depression poems offer up such a range of experiences and in reality put the period at the end of the word that no single journey can get it proper or precisely depict what a sickness looks or feels like. For as long as I can take into account I have suffered from depression and anxiety. I have usually felt different, as though I didn't belong, from a very younger age from primary to high school. I felt isolated, alone, like I was once unable to be understood. This went into high school hiding at the back with no one knowing the actual me. I endured to push others away and didn’t enable myself to construct the necessary and imperative friendships and relationships, for this reason meaning as an adult. Anything that was said to me I managed to turn into a bad thought. I couldn’t apprehend what used to be going on to me. I used to be literally my very own worst enemy and critic.

Poetry can also help by used to reminding those who war with nervousness or despair to be in the present. Listening to any individual analyzing poetry aloud is especially useful as it engages our senses – sight and sound – and stops our mind from wandering elsewhere. Poetry can work in the same way as mindfulness reminding people of the significance of being in the existing moment.' Regretting the past and traumatic about the future are key traits of depression.” which Rupi Kaur focuses on.

A poem that I greatly look at by Rupi kaur is “So, how does it feel to lose a friend? 'It's the type of heartache that does not hit you like a tsunami. It's a slow cancer,' Kaur recited. 'Cancer or tsunami, it all ends a same...a loss is a loss, is a loss.'. I choose this poem of Rupi kaur because when my mom passed away when I was little this hit the hardest knowing that the pain felt exactly how she describe it if not worse. Another poem I love by Rupi kaur is “ the world gives you so much pain and here you are making gold out of it”. These gorgeous, strong women raise us. They give and give for us to be what we want; for us to achieve what we need to achieve. I have been through plenty in the 20 years I have been alive. My mother had been through the same pain and more, yet she never mentions herself. All she wanted is to alleviate my suffering without any thought of her own, which is so beautiful.

It's true: Poetry helps depression. Poetry has been and continues to be one of my preferred approaches to cope with depression. It has also been an tool for helping others understand

depression, which helps to quit mental health stigma as well.